

SAINTS NEWS

ST MARYS COLLEGE BREAST CANCER AWARENESS MONTH @THESAINTSNEWS

DEAN OF FORM 4 MESSAGE



photo by Kai Joseph

"Talent without effort is a missed opportunity. Your three (3) watchwords should be; commitment, sacrifice and perseverance.

Commitment - doing what you say you will do and giving of your best effort.

Sacrifice - giving up all the things that are unnecessary and distracting building discipline and resolve.

Perseverance - in spite of the challenges, keep working toward your success."

INTER-HOUSE UPDATE



photo courtesy Saints News Photography

LAVAL ON A GREEN STREAK

Laval ran through the week, picking up maximum points, in their four games played. In the upper school division, they dominated Bosco in an outstanding 27-0 victory and picked up a 23-11 win against Savio. This form continued with the lower school team, who also picked up wins against Bosco and Savio, 14-11 and 13-6 respectively.

story by Jaylon Williams

SPORTS

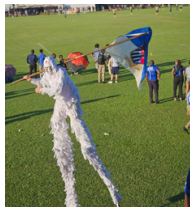


photo by Kai Joseph



photo courtesy CIC Photography Club



photo by Kai Joseph

The resolve and competitive drive of the old white and blue was on full display this week with enthusiastic displays across all age groups.

STILL UNBEATEN

Firstly, this week our premiership side maintained its strong run, staying unbeaten and remaining on top of the table after facing two tough away games against Faitma and Presentation College, San Fernando. Although away, the team displayed their determination, courage and passion for the old white and blue, fighting hard from start to finish to deliver a 1-1 draw with Faitima and a 2-2 draw to Presentation Sando.

story by Jayden Rosales



photos courtesy CIC Photography Club



10 OUT OF 10 DISPLAY BY SECOND 11

Following the achievements, our second XI side delivered an exciting offensive game beating Morvant Laventille 10-0. The game was completely one sided as Xavi Sankar, Declan De Freitas, Keanu Sealy and Luke Pouchette all netted a brace. Liam Dalton Brown added his name to the scoresheet along with an own goal from Morvant Laventille secured the win.

YOUTH TEAMS IN TOP FORM

Mirroring our premiership team, the under 13,14 and 16 teams have similarly upheld their undefeated streak so far throughout all rounds of football played. In fact this week they impressively delivered some triumphant results as our under 13 team beat our rivals Fatima 1-0 with the decisive goal being scored by Amari West. Consequently, the under 16 team showcased complete domination against Maple Leaf at home with a 6-0 victory, with a brace from Liam Hosein and Keanu Sealy while Kayden Moradlo and Jaden Guy contributed a goal each to finalize the victory.

Nevertheless, no matter the result we need to keep supporting our teams no matter what, and they will certainly overcome anything thrown at them.

stories by Jayden Rosales

SPOTLIGHT FEATURE

MODEL UNESCO CONFERENCE



photos courtesy St. Mary's College page.

This week's spotlight feature seeks to highlight those of our students headed to this year's Model UNESCO Conference. Representing our college are Malik Sharbodie, Terrel Edwards and Calipha Harewood who would be accompanied by Vice Principal (Ag), Mr. Sampath and HOD of Business Studies, Ms. Lalla. Let's all therefore wish them some good luck, as they head to Argentina.

story by John-Mark Lewis & Jaylon Williams

"The 24th International Model UNESCO Conference in Argentina is an educational initiative that simulates the United Nations General Assembly, organised by Argentina's Ministry of Education in collaboration with UNESCO and Colegio José Hernández. Scheduled for October 18–26, 2026, the programme will allow students to represent assigned countries, research global issues and participate in discussions through the Science, Social Science, and Culture and Education commissions. This experience aims to develop students' research, public speaking, critical thinking and diplomatic skills while encouraging international cooperation and cultural exchange." ~Terrel Edwards (Upper 6)



ANNOUNCEMENTS

- The month of October is not only the month of Mary but also Breast Cancer Awareness Month. Please remember to acknowledge and honour both events and participate in any initiatives if possible.
- Pertaining to Form 5 and 6 students in particular, there will also be several more university visits this month. Be sure to take advantage of these opportunities to learn more about these processes and your potential futures.
- Our annual 5k is carded for ***Saturday 21st November*** at the college grounds for 4:30 p.m.

Registration details are as follows:

- CIC Student ~ \$120
- Non-CIC Student ~ \$135
- Adult Registration ~ \$150
- Add-onn Official T-shirt ~ \$10

- SSFL Premiership fixtures for this week are as follows:

Wednesday 14th September - St. Mary's College vs Malick Secondary at CIC Grounds

Saturday 17th October - St. Mary's College vs Mucurapo Secondary at CIC Grounds



LITERATURE CORNER



This week's literature piece comes from Za'Mai Joseph of 4-14. It is a poem entitled,

"The Past".

The Past

The past is a thing we never forget,
A collection of memories we carry with regret.
The things we carry which weigh on our chests,
Are moments that shaped us, the worst and the best.

The past holds stories we cannot erase,
Memories of grief that time cannot replace.
Some bring us joy while others bring us pain,
Some give us sunshine while others leave us rain.

The past is tedious, the way it grows,
It leaves marks in ways we don't know.
Hidden, hiding under our clothes,
A map of places forgotten, unknown.

The past is apart of us, wherever we go,
It teaches us things that help us grow.
And no matter how much time has passed,
Apart of who we are will always be the past.



WORD OF THE WEEK

DEFINITION

WORD	NOUN Aglet	a small metal or plastic sheath attached to the end of a chord or string. Of course, the most common place you'll see these is at the end of your shoelaces! They're there to make sure that the lace doesn't untangle and begin to degrade. Lastly, despite their main function, their light and thin profile allows for them to be easily manipulated , naturally permitting you to more easily tie your laces!
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selected by John-Mark Lewis